

Mürren

Program
Group offers

Jungfrau Region 

Group offers

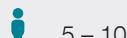
Welcome to Mürren

This authentically traditional, traffic free and stress-less mountain village at an altitude of 5374 ft will leave an unforgettable image in your memory. The wooden chalets, the breath-taking view of the snow covered Alps and the friendly people welcome you for a relaxing holiday or an adventurous weekend. Feel in harmony with nature, enjoy the numerous possibilities for excursions and sports activities with your family throughout the year. Have yourself pampered from head to toe in our modern Spa Mürren.

Snowshoe hiking



Swiss Snowsports School Mürren Schilthorn takes guests on a magnificent snowshoe hike through the Mürren Schilthorn area.



5 – 10



Winter



approx. 4h



5/6



4/6



from CHF 50.–
per person

Ski racing



Hold your corporate ski race in Mürren, the place where the very first slalom and giant slalom event in the history of Alpine sports took place in 1922. A ski race makes for an exciting day that your employees will love to remember.



10 – 150



Winter



ab 4h



6/6



5/6



from CHF 750.–
flat rate

Curling/Ice stock sport (Bavarian curling)



Former curling world champion and coach to Olympic gold medallists Frédéric Jean will introduce you to the exciting stone-and-broom game. In a two-hour class, Frédéric and other instructors will teach you secret tips and tricks in the sport of curling.



10 – 100



Winter



2h



4/6



3/6



CHF 30.– per person

Winter hiking



Experience the beautiful winter landscape to the full on a magical evening walk. This short hike will immerse you in the tranquillity of nature and the beauty of the snow-covered surroundings.



4 – 40



Winter



approx. 3h



2/6



2/6



CHF 15.– per person

Group offers

Village tours / Farm Apéro



Join us on a stroll through the car-free mountain village of Mürren. On a walk from Mürren to Gimmelwald, visitors feel a real connection with nature. Learn about local history and enjoy culinary specialities from Mürren and the surrounding region.

5 – 20

2/6

Winter

1/6

approx. 2.5h

from CHF 39.– per person

Cosy evening in a mountain hut, including sledge ride



Take the funicular up to Allmendhubel in comfort and enjoy impressive panoramic views on the way. Experience Alpine hut atmosphere during a cosy get-together over fondue and mulled wine at «Chäschessi». Then sledge back across the wintry landscape to Mürren by moonlight.

25 – 90

3/6

Winter

3/6

approx. 4.5h

from CHF 56.– per person

Igloo building



The space and surrounding area is groomed, prepped, and ready for the snow-block building to commence. Now it's over to you to design and construct your own ice-cool home. Our professionals will be on hand to help. Following successful construction, an outdoor drinks reception will be held to celebrate the «opening» of the igloo village.

20 – 100

3/6

Winter

2/6

2h

CHF 110.– per person

Creative snow sculpting



Create your own little masterpieces based on a particular theme from pre-prepared blocks of snow. A variety of tools are on hand to help saw, chisel, shovel, file, polish and decorate. You will be amazed by the fascinating artworks that can be created in such a short space of time. Each team presents their sculptures to a jury.

2 – 100

2/6

Winter

2/6

approx. 1h

CHF 80.– per person

Group offers

Ice disco



An evening's entertainment with the motto «The stage is yours»: Complete some laps on Mürren's natural ice rink. Music and disco lights add to the unique atmosphere.

20 – 150

3/6

Winter

3/6

approx. 3h

CHF 500.– flat rate

Sledging



The funicular carries you comfortably up to Allmendhubel, where you can then set off on a speedy Bob Run descent via the Sonnenberg to the Schiltgrat lift. From there, the chairlift takes you to the start of the Apollo toboggan run. This wide, sun-exposed trail leads across Schiltalp and back down to the valley.

5 – 40

5/6

Winter

3/6

approx. 4h

from CHF 53.– per person

Trotti biking



Experience a thrilling descent on our specially made Gravity Scooters! The combination of fantastic, panoramic mountain views and a fun, exciting descent down the mountain make this evening outing the ideal way to end an active day.

2 – 10

4/6

Summer

3/6

approx. 3h

CHF 89.– per person

Mountain bike tour



Do you want to explore the outdoors on two wheels? Then get on your bike and set off on a group adventure. The tour takes you through beautiful natural surroundings and includes a number of highlights.

8 – 20

5/6

Summer

5/6

approx. 4h

CHF 92.– per person

Group offers

A walk to the waterfall



Immerse yourself in the powerful world of nature as Anne takes you on a hike through Alpine meadows and woodland to the extraordinary waterfall Spruzt. Replenish your energy levels and experience unspoilt nature!

10 – 20

Summer

approx. 2.5h

4/6

3/6

CHF 15.– per person

Visit to Alpine cheese dairy



Following an hour's hike up to Schiltalp, you will gain interesting insight into the traditional method of cheese-making over a wood fire. Following the demonstration, you will be treated to an extensive Alpine breakfast. Numerous hiking trails are accessible from Schiltalp.

2 – 20

Summer

approx. 3h

4/6

4/6

CHF 15.– per person

Team trophy with Alpine games



Teams compete across a variety of fun Alpine disciplines in an attempt to win the coveted trophy.

30 – 200

Summer

approx. 1.5h

3/6

3/6

CHF 150.– per person

Via Ferrata



Experience Mürren and the Lauterbrunnen Valley in a new and exhilarating way. This is an adrenaline-packed adventure with breathtaking views.

2 – 18

Summer

approx. 3.5h

6/6

6/6

CHF 135.– per person

Group offers

Wooden cow carving



An old handcraft that you can learn, too. Take this opportunity to carve a traditional cow, bear or lion figurine or a relief depicting various subjects. You can also join forces to carve your company logo or a large relief.



All year

approx. 1h



2/6

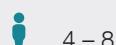


from CHF 35.–
per person

Firmenlogo Schnitzen



An old handcraft that you can learn, too. Take this opportunity to carve a traditional cow, bear or lion figurine or a relief depicting various subjects. You can also join forces to carve your company logo or a large relief.



All year

approx. 2h



2/6



from CHF 700.–
pauschal

Fahnenschwingen



Marvel at and learn the art of traditional Swiss flag twirling.
Appropriate accompaniment is provided by Ländler music.



All year

approx. 1.5h



3/6

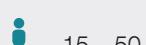


from CHF 120.–
per person

James Bond Rally on the Schilthorn



In this team activity, a budding film crew and the next James/Jane Bond take part in an action-packed competition on the slopes. Teams must complete various challenges on and around the Schilthorn.



All year

approx. 6h



3/6



CHF 5000.– flat rate
for up to 30 people

Group offers

Evening event on the Schilthorn



Planning a great evening out with colleagues or club fellows? Or perhaps you're looking to celebrate in a special atmosphere, watching the sun set while gazing out over 200 Alpine peaks? Mürren and the Schilthorn, with its revolving restaurant, offer stylish surroundings for any event.

50 – 400

All year

approx. 4.5h

1/6

1/6

from CHF 140.– per person

Evening event on Allmendhubel



Allmendhubel offers the ideal space for a wide variety of events. The funicular leads from Mürren to Allmendhubel, where you can enjoy an extensive meal in a cosy atmosphere with colleagues or club fellows set against an impressive Alpine backdrop.

25 – 50

All year

approx. 4.5h

1/6

1/6

from CHF 50.– per person

Yoga



Yoga is a combination of stretching, breathing and relaxation exercises that allow the body and mind to function more efficiently and with greater consciousness.

5 – 20

All year

1h

4/6

4/6

CHF 19.– per person

Qi Gong



Qigong has incredible health benefits, particularly when it comes to joint problems, muscle tension and back pain. Easy exercises from this ancient Chinese tradition involving simple, harmonious and flowing movements that match your breathing rhythm.

4 – 40

All year

1.5h

5/6

4/6

CHF 24.– per person

Group offers

Digital Detox – How much «digital» is healthy for employees?



Part 1 – Basics

- What is Digital Detox? Forms and experiences, trends
- Cultural change – the right approach to electronic communication
- Availability during holidays; Digital Detox as a sabbatical
- Operational health management

Part 2 – Practice

- How we handle a flood of e-mails
- How we turn off notifications on our smartphone
- How we can reduce our screen time and become more productive – and happier

5 – 30

All year

6h

3/6

2/6

from CHF 120.–
per person

Terms and conditions

The prices shown are in CHF and include service charges, taxes and VAT. Prices are subject to change by third parties.

Booking and payment conditions are defined at the time given in collaboration between Mürren Tourismus and the Swiss transport companies. For more information, visit www.mymuerren.swiss

Key

No. of persons

Season (Summer / Winter)

Activity level

Grade of difficulty

Approx. duration

Costs per person

Classifications

Activity level

- 1 = low activity
- 2 = light activity
- 3 = moderate activity
- 4 = medium activity
- 5 = high activity
- 6 = very high activity

Grade of difficulty

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- 4 = medium difficulty
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Information / Kontakt:

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